

Placebo, nocebo and therapist/patient relationship: new prospective from recent neurosciences findings

TWO DAYS • SPEAKER: Fabrizio BENEDETTI, MD, Clinician and researcher
• Participants: maximum 70

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LOCATION
MILAN
HOTEL MELIÀ
Via Masaccio, 19

DATES
May 2nd and 3rd, 2018

TIME
9,00 – 17,00

REGISTRATIONS
Till March 1st, 2018
included:
€ 450,00 + VAT 22%
(€ 549,00 VAT included)
From March 2nd, 2018
Till April 2nd, 2018
included:
€ 500,00 + VAT 22%
(€ 610,00 VAT included)
From March 3rd, 2018:
€ 600,00 + VAT 22%
(€ 732,00 VAT included)

LANGUAGE
ENGLISH

ECM CREDITS
Will be asked

Prof. Benedetti is one of the internationally most renowned scientist of pain neurosciences, especially about the topic of “placebo” and “nocebo” effects. He got the MD degree at Turin University, then he specialized on Psychiatry and Biobehavioral Sciences, University of California, Los Angeles. From 1983 Prof. Benedetti performs teaching and researching University activity in Italy, USA and Switzerland.

Beyond being author of more than 100 papers published on scientific journals, he is also consultant at National Institute of Health (NIH) and at Harvard University in USA.

Winner of dozens of awards and acknowledgments, he is constantly invited as keynote speaker at the most important international conferences.

He also is on the editorial board of the most important scientific journals of the field, like Pain and Seminars in Pain Medicine.



OBJECTIVES

- 1) Introducing the recent findings of social neurosciences in the relationship therapist/patient field;
- 2) Describing the main stages of this complex social interaction, i.e. feeling bad, searching for relief, meeting the therapist, receiving the therapy.
- 3) Describing in detail the last stage (receiving the therapy), since the psychological component (placebo effect) plays a fundamental role in any kind of therapy.
- 4) Introducing the concept of nocebo effect, which concerns the bad relationships therapist/patient.
- 5) Describing the main clinical implications and applications.

PROGRAM (lecture)

DAY 1

9:00 - 12:00
Short history of the relationship therapist/patient.
Symptom onset: a combination of sensory, psychological, social events.

15:00 - 18:00
Searching for relief: the activation of motivation and reward mechanisms.
Meeting the therapist: a look to the trust, hope, empathy mechanisms.

DAY 2

9:00 - 12:00
Receiving the therapy: activation of the expectation mechanisms and placebo Effect.
The ritual of therapeutic act changes the patient's brain.

15:00 - 18:00
Clinical implications.
The patients who can't communicate.

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