

Nutrition and Inflammation

TWO DAYS • SPEAKER: Didrik SOPLER, Dsc, PhD •
Participants: maximum 70

ADMINISTRATIVE OFFICE

**Maria Chiara
GUIOTTO**

Telephone
+39 0332 240 943

Fax
+39 1782250805

LOCATION

MILAN

HOTEL MELIA
Via Masaccio, 19

DATES

May 6th and 7th, 2018

TIME

9,00 – 17,00

REGISTRATIONS

Till March 1st, 2018

included:

€ 450,00 + VAT 22%

(€ 549,00 VAT included)

From March 2nd, 2018

Till April 2nd, 2018

included:

€ 500,00 + VAT 22%

(€ 610,00 VAT included)

From March 3rd, 2018:

€ 600,00 + VAT 22%

(€ 732,00 VAT included)

LANGUAGE

ENGLISH (possible
translation into Italian)

ECM CREDITS

Will be asked

Inflammation is not a simply hot and swollen joint. Low grade systemic inflammations affects musculoskeletal disfunctions, interfering healing and contributing to tissue catabolism. During the course the reasons for these low grade systemic inflammations and their relationships with insulin resistance and its influence on the biochemistry will be seen. It's possible modifying in only 4 weeks biochemistry using specific dietetic components.

Related to this, guidelines for optimal sport performance, fundamental neurotransmitters and supplements to support the treating tissue will be taken into consideration. Finally treatment protocols and how incorporate nutrition to patient treatment will be analyzed.

While it is true that there is an increasing need to tackle the issue of nutrition, not only by the general population, it is also true that the academic culture provided to physiotherapists in this sector is definitely poor.

This is why we created a complete course that allows practitioners to fill the inevitably present gap. The goal has been successfully reached through a constantly evolving course thanks to the research activity of the teacher. After attending the course, thanks to the knowledge of the impact of the metabolic EBM intervention in physiotherapy, the participants will be able to guide the patients to obtain important objectives:

- decrease systemic inflammation
- Reduce or get rid of pain
- Facilitate tissue healing and repair
- Optimize exercise results

The teacher is a person of wide culture: it extends from engineering (Graduate at Technical Institute of Goteborg), to the Traditional Chinese Medicine and Acupuncture (Doctor of Acupuncture at Swedish Acupuncture Academy), to Physical Therapy and Manual therapy (Manual Therapy Program at Ola Grismby Institute in California). Then he specialized in nutrition field, particularly on its relationship with inflammatory processes, until getting a PhD at Los Angeles University in California.

Currently he integrates the "traditional" physiotherapy treatment with a correct approach based on nutrition.

Didrik J Sopler, PhD, L.Ac. has been working in private practice for more than 25 years, dealing with neuromusculoskeletal pain and dysfunction, as well as a wide range of chronic and degenerative inflammatory diseases. In the treatment of the patient he integrated acupuncture, manual therapy, including exercises and nutrition. He firmly believes that solutions and prevention to chronic conditions and disease can be found in the biochemical and nutritional state of the body.



SPECIAL FEES FOR AIFI, GTM-AIFI AND "CLINICA DEL MAL DI TESTA" FELLOWS:

TILL March 1st, 2018 included: € 405,00 + VAT 22% (€ 494,10 VAT included)

FROM March 2nd, 2018 TILL April 2nd, 2018 included: € 450,00 + VAT 22% (€ 459,00 VAT included)

FROM 2 March 2018 TILL April 2nd, 2018 included: € 540,00 + VAT 22% (€ 658,80 VAT included)

HOW TO REGISTER

Fill completely the form you find behind and send it together the payment transfer by **fax** at the number **+391782250805** or by e-mail at the address **segreteria@manualmente.biz**

Or proceed with online registration available on our website www.manualmente.biz

WITH THE FOLLOWING FORM THE UNDERSIGNED:

Surname _____

Name _____

Date o. b. _____/_____/_____ in _____ Prov. _____

Tax code _____

Address _____ N° _____

postcode _____ City _____ Prov. _____

Tel. _____ Mob. _____

Fax _____

E-mail _____@_____.

Self-certifying to be _____

WISHES TO REGISTER AD THE COURSE Nutrition and inflammation, which be held in Milan the date: 6, 7 May 2018

SIGNATURE _____

ENVOICE HADING

Business Name _____

Address _____

Fiscal Code _____

VAT number _____

PRIVACY INFORMATION

The participant declares to be informed, following the Italian law art. 13 del D.Lgs. n. 196/2003, that:

1. his/her own general data present in the form, or any other data acquired during the course, will be treated by "Manualmente - Formazione in Movimento" also electronically to discharge the commitments related to the event, for statistic goals, for advertising or to discharge public or ministerial commitments;
2. the provision of own data is an optional but necessary too take part at the event;
3. the own data will be also given to companies linked to Manualmente s.a.s. or others appointed to process the data to reach point 1. goals. The participants can refuse to the data treatment provided for commercial information or for advertising or for market research and interactive communication. The participant is informed that following the Italian law art. 13 del D.Lgs. n. 196/2003, in any moment and for free can ask to modify and/or delete his/her own personal data asking directly to the Data supervisor of Manualmente s.a.s. - Via Giuseppe Grandi 10 - 21100 Varese

The undersigned interest at the treatment of his/her personal data, information acquired about the supervisor of the information following the Italian law art. 13 del D.Lgs. n. 196/2003, declare that: For personal and/or sensitive and/or judiciary data to the above cited circular (treatment and following modification included) and

For personal data communication for the aims indicated and the people indicated and

For diffusion of personal data for aims indicated and

For abroad personal data transfer

- For treatment and communication of personal data for commercial aims, advertising or other activities linked to different subjects
- ☐ Give the consent ☐ Don't give the consent
- For treatment and communication of personal data for commercial information, advertising or other activities linked to different subjects
- ☐ Give the consent ☐ Don't give the consent
- ☐ Give the consent ☐ Don't give the consent

The undersigned declares to gave correct information about his/her own data and eventually will take care of correcting, integrating, update these data under his/her own responsibility for all the duration of the agreement.

DATE

SIGNATURE

REGISTRATION FEE PAYMENT

To participate it is necessary to proceed with a bank transfer address to:

Manualmente s.a.s.

IBAN:

IT13X0306910803100000001665

BIC CODE:

BCITITMM

DOCUMENTS

fill completely the form and send it together the payment transfer by **fax** at the number **+391782250805** or by e-mail at the address

segreteria@manualmente.biz.

Or proceed with online registration available on our website

www.manualmente.biz

REGULATIONS

1. To participate the course it is mandatory to accept and respect these regulations.
2. The process of registration and payment of the registration fee must be compliant to the way described in the present flyer.
3. The handout can't be copied. The participant must follow the copyright regulation.
4. Moviemaking and picture taking is forbidden. Voice registrations must be authorized.
5. Manualmente won't be responsible of the course cancellation in case it would have been due to force majeure, to the fact of not having reached enough participants, or other causes independent from its responsibility.
6. The registration fee is independent from the ECM credits achievement.
7. Manualmente can communicate eventual course cancellation till one week before the course, by letter, email, sms or fax.
8. In this case Manualmente will totally refund the registration fee.
9. Once registered, the person can quit the course, communicating it by written notification (evidence the date of communication receipt) by fax or email, maximum 30 days before the beginning of the course. In this case the whole registration fee will be given back to the student, minus bank expenses and secretary expenses, fixed as a forfeit in 50,00 euros. In case the cancellation will be received from the secretary later, the student must pay the whole registration fee.
10. the registration deadline is established in 21 days before the beginning of the course. The registrations which will be received later, will be accepted with an increase of € 50,00 as secretary rights.
11. In case the maximum number of participants will be exceeded, the first fifty will be accepted, and evidence will be the date of bank transfer.
12. If only one point of the present regulations is not followed, it is good reason for the secretary not to accept the student, without any refund.