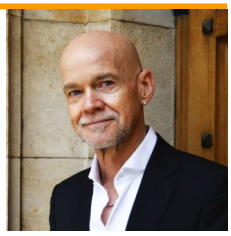
# Cervicogenic Headache And The Role Of C1-3 Cervical Afferents In Primary Headache: How Am I Going With The Watson Headache® Approach?

## Level 3 Certification Headache Course: In-Person

FOUR DAYS • INSTRUCTOR: Dean Watson, Pt, PhD, MAppSc. •
Participants: max 6



## INTRODUCTION

This four-day Program is the culmination of the Level 1 and Level 2 'Cervicogenic Headache and the Role of C1-3 Cervical Afferents in Primary Headache.'

## AIMS AND STRUCTURE OF THE COURSE

The primary aim of this course is to assess delegates' clinical and academic competency in the Watson Headache® Approach. Prior to the course, delegates receive and complete a 'Patient Headache Journal' to record the examination and management of five patients over five consults, which includes reflective reasoning for each consult. The course begins with a revision session. Delegates will then perform an initial examination lasting 60 minutes, followed by a subsequent examination of 40 minutes on an unseen patient, presenting a five-minute summary of the initial consult prior to the subsequent consult. During the course, delegates will also undertake a 20-minute practical and oral examination of techniques, as well as a two-hour theory paper.

## LEARNING OUTCOMES OF THE COURSE

Upon completing the course, delegates will have achieved either a satisfactory or unsatisfactory result. Regardless of the outcome, delegates will receive feedback that outlines their areas of strength and those that require further improvement work.

## ASSESSMENT

Delegates will assessed on:

- Headache Journal i.e., examination and management of five patients over 5 consultations
- Initial and Subsequent Consultation of an unseen patient
- Practical and Oral Techniques Examination

Theory Paper

## COURSE PROGRAM

The programme timetable varies based on the number of delegates. Generally, on Day 1, 50% of delegates will conduct their initial consultations, with the remainder completed on Day 2. Time is typically allocated on Day 2 for practicing techniques in preparation for the Techniques Examination. On Days 3 and 4, subsequent consultations are conducted. The Theory Paper is usually completed on Day 3, and the practical and oral techniques examinations are held on Days 3 or 4.

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## LOCATION

**VARESE**
UNA Hotel
Via F. Albani, 73

## DATES

**16, 17, 18 and 19 November 2026**

## TIME

8,30 - 17,00

## REGISTRATIONS

**€ 1920,00**

## ECM CREDITS

**About 50 for PT**

## LANGUAGE

**ENGLISH**

**15% DISCOUNT FOR AIFI, GTM-AIFI AND "CLINICA DEL MAL DI TESTA" FELLOWS**

## HOW TO REGISTER

**Proceed with online registration available on our website www.manualmente.biz**

# REGULATION

1. Acceptance and compliance with the following regulations are a condition for the admission of participants to the course.
2. The methods of registration and payment of registration fees must comply with the provisions of the course announcement.
3. Any teaching material may not be reproduced. Any photocopying must be authorized in advance. Manualmente s.a.s. reserves the right to add handouts to the course costs. 4
4. Without prejudice to the fact that it is forbidden to take photographs or videos, any voice recordings must be authorized in advance.
5. Manualmente s.a.s. will not be liable for the failure to carry out the course when this is due to force majeure, the failure to reach the minimum number of participants, or reasons beyond its control.
6. The payment of the course registration fee is independent of the obtaining of the Educational Credits of the ECM program.
7. Manualmente s.a.s. reserves the right to communicate any cancellation of the course to those enrolled up to one week before the date set for the start of the course, by telephone or written communication (sms, watsapp or e-mail). In this case, Manualmente s.a.s. is required to return the registration fee to the learner.
8. The participant may renounce attending the course, by giving appropriate written notice (the date of receipt of the communication will be valid) to the Organization Office, at least 30 days before the start. In this case, the student will be refunded the fee paid net of bank and secretarial charges set at € 50.00. If the cancellation takes place later, the participant is required to pay the total cost of the course.
9. The payment of the registration fee, according to the procedures indicated on the descriptive page of each course, must be made within 7 days of the enrolment process. Otherwise, the registration will be cancelled.
10. If the maximum number of participants is exceeded, the first FIFTEEN will be accepted, and the date of payment of the bank transfer for the registration fee will be valid.
11. In the event of exceeding the maximum number of participants, the participant can reserve a place on the waiting list, registering online without paying the registration fee.
12. Sometimes the procedural process adopted by the National Commission for Continuing Medical Education may lead to delays in the attribution of credits for some training initiatives. Therefore, if the CME commission does not receive communication about the attribution of credits before the course and/or in time to inform the members, or this communication arrives after the event has taken place, Manualmente s.a.s. does not assume any responsibility in this regard and is not required to pay any compensation to the members.
13. The participant will be involved by the teacher in the exercise of practical maneuvers both as an operator and as a patient. If he/she cannot be subjected, as a patient, to some or all of the practical maneuvers provided for in the course program, he/she must give prior written notice to Manualmente s.a.s. who will notify the course teacher. Under no circumstances will Manualmente s.a.s. be responsible for the practical exercises carried out among the participants during the courses organized by it.
14. Failure to comply with even one of the above clauses authorizes Manualmente s.a.s. not to accept the participant to the course without, for this reason, having to reimburse him.
15. To obtain training credits, it is necessary to attend at least 80% of the lesson hours scheduled. If the course lasts 6 hours or less, 100% of the hours are required.
16. To obtain training credits, at least 75% of the correct answers in the final evaluation tests are required.