

Simon Simonsen  
PT, DIP MDT  
Certified Clinician in Musculoskeletal Physiotherapy.  
Instructor @ McKenzie Institute International.  
Owner of Vejle Rygklinik

## **Resume**

**28 years of experience as a physiotherapist**  
**20 years in private practice**  
**8 years at the largest multidisciplinary pain clinic in Denmark**

## **Certifications**

**1997: Authorization as Physiotherapist**  
**2001 Certified in Mechanical Diagnostics and Therapy (Cert MDT)**  
**2004: Diploma in Mechanical Diagnostics and Therapy (Dip. MDT)**  
**2006 Instructor in MDT (McKenzie Institute International, New Zealand)**  
**2018: Certified Clinician in Musculoskeletal Physiotherapy (Specialist Council of the Danish Society of Physical Therapy)**

## **Postgraduate education**

**Continued postgraduate education in the assessment and treatment of musculoskeletal disorders and pain conditions in**

- \* Manual Therapy,**
- \* McKenzie/MDT, Mulligan,**
- \* Sports Physical Therapy,**
- \* Headaches,**
- \* Acupuncture, Cognitive Functional Therapy,**
- \* Explain Pain,**
- \* Grade Motor Imagery,**
- \* Psychological informed treatment**
- \* Pain Theory / Science**

**Teaches and gives lectures in Denmark and Internationally about Chronic Pain and the McKenzie method.**